Dear Parents/Guardians,

During Term 1 many children participated in the Metafit program I ran at lunchtimes. It was fantastic to see so many children participating with enthusiasm and getting fit at the same time.

Metafit is a 30 minute interval training session using your own body weight, suitable for all fitness levels.

I will be offering Metafit classes again during Thursday lunchtimes in the school hall. There will be limited spaces available for children in grades three to six.

As the classes are run during lunchtimes children will not miss out on any school work. Students enrolled in the program will have a 30 minute class per week. The classes will be run by me, Kelleigh Evans.

The prices for the Metafit class are as follows:
$8 per student per session (paid upfront for the entire term, $80 for a ten week term).
Or an early bird offer $70 paid in full before Tuesday 31 March 2015 for a ten week term.

Payment may be made by;
Cash (in an envelope with the child’s name on it brought to first class)
Cheque made out to MetafitMe
Direct debit (EFT: BSB: 06 3779 Account Number: 10194182)

The first class will begin on Thursday 16 April 2015 until Thursday 18 June 2015.

I ask that payments are made up front at the beginning of each term. Other payment options can be arranged, if this is not possible. Parents will not be charged if the student misses a lesson due to illness or family holiday or if I am away, the fee will be carried over into the next term’s account. If payment has not been made or discussed with me the student will lose their place in the program.

If you wish to have your child enrolled in Metafit classes in Term 2, 2015 or would like any further information, please contact me by phone: 0419 673 668 or via email on: kelleighevans@gmail.com

Thank you,

Kelleigh Evans
Metafit coach