Listed below is the standard of behaviour expected by all participants of the Altona Netball Association. Please make sure that all of your team members and supporters study this carefully, and act accordingly.

**Players’ Code of Behaviour**

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition. *Minimum Penalty :- 5 goal suspension.*
- Control your temper. Verbal or physical abuse of officials or other players, deliberately distracting or provoking an opponent is not acceptable or permitted in any sport. *Minimum Penalty :- 5 goal suspension.*
- Work equally hard for yourself and/or your team. Your team’s performance will benefit. So will you.
- Be a good sport. Applaud all good plays whether they be your team or your opponents.
- Treat all players as you would like to be treated. Do not interfere with, bully or take unfair advantage of another player.
- Co-operate with your coach, team-mates, opponents and umpires. Without them there would be no game.
- Play for fun and recreation.
- Avoid the use of derogatory or inappropriate language. *Minimum Penalty :- 5 goal suspension.*

**Spectators Code of Behaviour.**

- Remember that the majority of people play organized sport for fun. They are not playing for the entertainment of the spectators, nor are they professionals.
- Applaud good performances and efforts from each team. Congratulate all participants upon their performance, regardless of the games outcome.
- Respect the official’s decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach others to do likewise.
- Never scold or ridicule a player for making a mistake during a competition. Positive comments are motivational.
- Condemn use of violence in any form, be it by spectators, coaches, officials or players.
- Show respect for your team’s opponents. Without them there would be no game.
- Encourage players to follow the rules AND the officials decisions.
- Demonstrate appropriate social behaviour by not using foul language, harassing players, coaches or officials.
- Avoid the use of derogatory or inappropriate language. *Minimum Penalty :- Ejection from stadium*